



HEALTH AND SAFETY POLICY STATEMENT:

As Dorset Disabled Canoe Unit we are strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of activity dependent on age and ability, and expect our members to participate within these boundaries and those of their own fitness levels.

HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and support by regularly assessing individual ability dependant on age, maturity and development and taking account of the information provided by members regarding their health and support needs.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Limit numbers in the groups in line with BCA advice and the support needs of the members attending. It was agreed to maintain DDCU Paddle Sport Leader to paddlers ration in line with BCA guidelines (8 per leader inc. 2 volunteers). The leader would decide if a higher proportion of volunteers were needed depending on the support needs of the paddlers on each session.



- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members
- Appoint a competent club member to assist with health and safety responsibilities.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do
- Provide all necessary health information, support needs and contact details and tell the membership secretary about any changes.
- Tell the leader/coach on the day of any matters which may affect your ability to paddle.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Follow any current government and club guidance for the management of transmissible viruses such as coronavirus
- Not interfere with or misuse anything provided for your health, safety or welfare.

CLUB HEALTH AND SAFETY OFFICER: ...

Kevin Anderson.....

FIRST AID: Location of first aid facilities:

In the container on site and with the coach/paddle sport leader when on a club group paddle on the water





Location of telephones:

With coach/ paddle sport leader at club site and on the water.

QUALIFIED FIRST AIDERS:

1. Noel Coates

2. Jon Packer

3. Katy Packer

4. Vince Clark

5. Jag Jagpal

6. Liz Watkins